

Spiritual Evaluation

Use the following tool to evaluate your personal spiritual health in the below-mentioned 3 areas. Simply grade yourself in light of the following statements [on a scale of 1-10 (10 being highest)].

Loving God

- I attend church gatherings regularly and expectantly.
- I truly seek to experience intimacy with God during both the music and the message.
- I spend time following an organized Bible reading plan.
- I spend time in regular, ongoing, unhurried prayer.
- I am giving generously and sacrificially to my local church.
- My generosity is characterized by priority, percentage, and progressive giving.

Loving One Another

- I am an active and accountable member of a local church body
- I am actively involved in a small group or Sunday School class.
- I am building a spiritual friendship with an accountability partner.
- I am volunteering in a ministry of the church.
- I am bearing the fruit of the Spirit in my personal relationships (see Galatians 5:22-23).

Making Disciples

- I am building relationships with people who do not yet know Christ.
- I meet with one or more others to study the Bible, pray, and share life together.
- I regularly invite unchurched friends to church services and events.
- I serve in local and/or international mission projects.
- I regularly share the gospel and invite people to put their faith in Jesus as Lord and Savior.

Now tally your score. And use the lowest marks to help you develop some strategies to grow.

- **130-160: ABLAZE** Thanks for being an example of an ignited believer. But don't stop growing in your relationship with the Lord.
- **100-129: BURNING BRIGHT** You're an example to many, but what's your next move to be even more passionate?
- **70-99: SMOLDERING** It's really time for you to get to be more "on fire".
- **40-69: NEED A SPARK** You are truly in desperate need for personal passion.
- **0-39: FADING** Remember: Faith without works is dead. Do you really have saving faith?

A personal plan to be ignited: **Developing a personal spiritual growth plan**

We all need to make changes if we are going to experience revival. We all need to stop doing some things that limit our passion and to start doing some things that will enhance the possibility of God granting spiritual revival. We must clearly answer the “who, what, why, when, where, and how” questions when it comes to making changes.

#1: Look at your calendar and schedule some time to put your plan together. Make an appointment for yourself to be alone with God, maybe in the morning or in the evening.

#2: Spend time reflecting and praying. It may be helpful for you to think in these five categories: **spiritual, relational, intellectual, emotional, and physical**. Do an honest self-assessment. Ask God to reveal the answer to this question: What changes do I most need to make in order to experience a life of passion?

- How will you grow in your love for God?
- How will you grow in your love for others?
- How will you grow in your love for the world - the people who do not yet know Christ?
- In what area of your life do you need to grow to be more like Jesus?
- Which fruit of the Spirit needs most development in your life?
- What will you read in scripture this year?
- What sections of scripture will you memorize?
- How will you grow in your prayer life this year?
- What music will help you worship more?
- What books will you read and/or reread?
- With whom do you need to build a relationship/friendship with this year?
- What message CDs or podcasts do you need to listen to?
- What new disciplines do you need to develop?
- Who will hold you accountable?

#3: Write down your plan. Call them goals. Call them “Resolutions for an growing life.” Call them whatever you want; but be realistic. Don’t set the bar so high that you end up discouraged if you should fail.

Once you come up with your plan, write it down. Keep it visible. Share your plan with your family and with your Small Group. Find an accountability partner. Then beg God for personal and corporate revival in the coming year.

Sample spiritual growth plan:

Overall Goal: To grow in my love for God, for others, for the lost people in my world.

Spiritually

1. Regular, unhurried time in the Bible, using a plan and journal.
2. Regular, unhurried time in prayer praying systematically for friends, family, a lost people.
3. Seek to more consistently practice the presence of God: abiding in Christ, being filled with the Spirit, practicing instant obedience resulting in greater holiness, joy, and fruitfulness.

Relationally

1. Read and pray with my spouse, taking a marriage retreat during the year.
2. Spend quality one-on-one time with my children (praying, reading, listening, having fun...)
3. Spend quality time with friends and those I mentor, building into their lives as they build into mine.

Intellectually

1. Stick with a consistent reading plan: at least one book per month.
2. Scripture memory: review and lock in verses already learned and meditate on them while going to sleep.
3. Listen to one sermon a week from leaders like Matt Chandler, Johnny Hunt, Paul Washer, Tim Keller, and others.

Emotionally

Ask God's help in gaining more peace, more joy, and more kindness, especially when conflict arises.

Physically

Exercise 5 out of 7 days – 30 minutes a day.

Get a physical.

Eat more healthy (fruits, vegetables)

Missionally

Get involved in a mission project locally, nationally, or globally. Do more to help regional or global issues such as homelessness, affordable housing, clean water issues, slave trade, etc. and help raise money and support for those who do. Reach out to those around me (family, friends, neighbors)